**CP FORM 6**

**GROUP LOG FORM**

**SUMMARY OF GROUP CONTACT HOURS**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **GROUP CODE** | **DATE:**  **FROM** | **DATE:**  **TO** | **No. OF SESSIONS** | **No. OF HOURS** | **PRESENTING CONCERNS AND MAIN ISSUES EXPLORED** |
| G1 | 6/2/24 | 6/2/24 | 1 | 2 | The group, comprising recovering addicts, part of a 90-day recovery program, seeks support in navigating their journeys. They share challenges including triggers, social relationships, understanding root causes, and gaining insights into addictive patterns and thought processes. Their participation reflects a commitment to understanding and overcoming addiction. |
| G2 | 7/2/24 | 7/2/24 | 1 | 2 ½ | The presenting concerns and main issues explored involve ensuring a successful transition for the daughter post-rehabilitation from alcohol addiction. The family seeks guidance on creating an exit plan and establishing sustainable support systems for her ongoing recovery journey. The therapy aims to strengthen family communication, identify triggers, prevent relapse, provide psycho-education, and address family roles and responsibilities in supporting the daughter's recovery. |
| G3 | 20/2/24 | 20/2/24 | 1 | 2 | The family members of a kidney transplant patient have sought therapy for clarification and psychoeducation regarding the kidney transplant process. They express concerns about understanding the entire transplant journey, including finding a willing kidney donor, adhering to medication, establishing a support system, and having contingency plans in place. |
| G4 | 26/2/24 | 1/3/24 | 5 | 10 | The group comprises individuals grappling with various mental health challenges, including schizophrenia, bipolar disorder, depression, substance abuse, and schizoaffective disorder. Their shared concern revolves around illness management and relapse prevention. They seek to understand the dynamics of their conditions and learn effective strategies for managing them. |
| G5 | 11/3/24 | 11/3/24 | 1 | 2 | Group is grieving their deceased mother who succumbed to cancer. |
| G6 | 12/3/24 | 12/3/24 | 2 | 2 | Clients came to get closure about their patient who was diagnosed with possible Breast cancer. Patient had stayed in hospital for 2 weeks while doctors worked round the clock to investigate the presence of cancerous tissue in the patient’s breast. |

**TOTAL HOURS…** 16 ½  **COLLECTIVE HOURS…** 16 ½

**SUMMARY OF GROUP CONTACT HOURS**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **GROUP CODE** | **DATE:**  **FROM** | **DATE:**  **TO** | **No. OF SESSIONS** | **No. OF HOURS** | **PRESENTING CONCERNS AND MAIN ISSUES EXPLORED** |
| G7 | 12/3/24 | 12/3/24 | 1 | 2 | The family members' primary concern bringing them to therapy was their lack of understanding about the haemodialysis procedure their loved one was undergoing. They sought clarification on the procedure's effects, consequences, and its potential to improve the patient's health condition. |
| G8 | 11/3/24 | 15/3/24 | 4 | 8 | The group members gathered for therapy to address their struggles with drug addiction. Each individual shared their personal experiences, detailing the challenges they face due to their substance abuse and expressing a desire for support and guidance to overcome their addiction. |
| G9 | 14/3/24 | 14/3/24 | 1 | 2 | The primary concern bringing the clients to therapy was the grieving process following the loss of their grandmother, who had been diagnosed with lung complications. |
| G10 | 19/3/24 | 19/3/24 | 1 | 2 | The group sought therapy to gain closure regarding their chronically ill patient diagnosed with advanced oesophagus cancer, for whom recovery expectations were held. They are grappling with the emotional turmoil and uncertainty surrounding the patient's prognosis and seek support in processing their feelings and finding closure. |
| G11 |  |  |  |  |  |
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**TOTAL HOURS… COLLECTIVE HOURS…**